



**ISD Virtual Learning**

# **Psychology: Psychological Disorder Research Project -**

**Step 4**

**May 7, 2020**



# Psychology - Psychological Disorders Research Project

## Lesson 34: May 7, 2020

### **Objective/Learning Target:**

**The student will be research a Psychological Disorder examining the history, causes, symptoms, and treatments for the disorder.**

# Psychological Disorder Research Project - Step 4

This week, you are going to have the opportunity to learn more about a particular disorder of your choosing and create a PowerPoint or Google Slide presentation over it.

Each day's lesson will ask you to research specific aspects of the disorder that you have selected. There will be guiding questions aid you in your research. There will also be an example each day for you to follow along with for guidance.

Today's goal will be for you to research the Treatments & other miscellaneous info on your selected disorder. Here are some questions to help guide your research for today.

## Treatments:

- Can this disorder be treated with medication?
- What medications are used for treatment, if any?
- Does treatment cure the disorder or does it just treat the symptoms?
- Other than meds, what are some ways (common & uncommon) to treat the patient?

## Misc. Information:

- Are there ways to prevent someone from having this disorder?
- Are there any celebrities or famous people that have battled this disorder?
- Are there books/movies about this?
- Is there anything new about this disorder?

# Research Tips/Sources

You will need to have at least 3 different sources which will be listed on your project as a Works Cited slide. Because of this, it will be important for you to keep track of your information and where you got it from.

Please refrain from using Wikipedia as 1 of your different sources!

Examples of good resources:

[Crash Course Psychology](#) (videos)

[Khan Academy](#) (videos)

[Mayo Clinic](#) (hospital website; use search tool to find info)

[Very Well Mind: Mental Health A-Z](#) (page includes links to dozens of different disorders)

These are just a handful of the many great resources out there on disorders. Feel free to use ones not listed!

# End of Project Day 4 - Looking Back & Looking Ahead

By now, here's what you should have discovered:

- Name of the disorder
- History
- Causes
- Symptoms
- Treatments
- Miscellaneous Information

Tomorrow, we will take all of the information and put it together into the finished product. If you've been doing that as you've researched, tomorrow will be an opportunity for you to make corrections and revisions or just simply fine tune your finished product.

If you'd like to see a sample of a similar research project, look at the next slides!

# Treatments for BPD:

## **Schema Focused Therapy**

(focuses on helping you get your needs met in a healthy manner to promote positive life patterns)

## **Mentalization Based Therapy**

(talk therapy that helps you identify your own thoughts and feelings at any given moment)

## **Transference Focused Psychotherapy**

(help you understand your emotions and interpersonal difficulties through the developing relationship between you and your therapist)

## **STPPS**

a 20-week treatment that involves working in groups that incorporate your family members, caregivers, friends or significant others into treatment)

## **Good psychiatric management**

( focuses on making sense of emotionally difficult moments by considering the interpersonal context for feelings)



**Britney Spears**

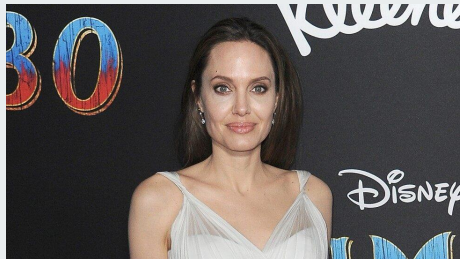
## Famous People with BPD

**Mad hatter**



**Lindsay Lohan**

**Angelina Jolie**



**Marilyn Monroe**

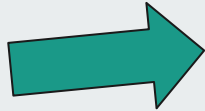
**Princess  
Diana**



# New in the Field:

## A Study in 2019

## **Study Details**



A study including 147 female individuals, ages 13 to 16 years, with a diagnosis of BPD. On October 3rd to 6th in San Diego, California.

“With regard to evidence-based studies, pharmacological treatment is not recommended and, if ultimately required, should be limited to second-generation antipsychotics.”